Directions: Personification is giving non-human objects human characteristics and emotions. To your right is a list of emotions. Pick 1. Pretend that emotion is a person, and give a 5-7 sentence paragraph about it. Ms. Cox’s example is below. You should write this in 3rd person/

Example:   
Anxiety…enough said. She is there in my sleep yelling, “You turned the alarm off!” She is my passenger while driving on the major highways, pumping the imaginary brake. We were not always “frenemies,” our relationship developed over years of attempting to be perfect. When perfection left, she came to town with a caravan of migraines, acne, and stomach ulcers. I do not love her; I barely accept her presence, but I deal with the constant pulling, tugging, and nagging on my soul.

By: Ms. Cox

**EMOTIONS**

Fear

Worry

Patience

Defeat

Forgiveness

Truth

Panic

Protection

Intelligence

Perseverance

Power

Faith

Confusion

Trust

Anxiety

Judgment

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